



Camping

Merit Badge Worksheet

2007 Rev. Created
by Craig Long 2010

Scouts Name _____

Date _____

Counselor's Name _____

Counselor's Phone # _____

Complete

1. Show that you know first aid for and how to prevent injuries or illnesses that could occur while camping, Tell how you would care for each of the following:

- hypothermia, _____
- frostbite, _____
- heat reactions, _____
- dehydration, _____
- altitude sickness, _____
- insect stings, _____
- tick bites, _____
- snakebite, _____
- blisters, _____
- hyperventilation. _____

Complete

2. Learn the Leave No Trace principles and the Outdoor Code and explain what they mean. Write a personal plan for implementing these principles on your next outing..

Complete

3. Make a written plan for an overnight trek and show how to get to your camping spot using a topographical map and compass OR a topographical map and a GPS receiver.

Complete

4. Do the following:

a. Make a duty roster showing how your patrol is organized for an actual overnight campout. List assignments for each member. Date Completed _____

b. Help a Scout patrol or a Webelos Scout unit in your area prepare for an actual campout, including creating the duty roster, menu planning, equipment needs, general planning, and setting up camp. _____

Complete

5. Do the following:

a. Prepare a list of clothing you would need for overnight campouts in both warm and cold weather. Explain the term "layering." _____

b. Discuss footwear for different kinds of weather and how the right footwear is important for protecting your feet. _____

c. Explain the proper care and storage of camping equipment (clothing, footwear, bedding). _____

d. List the outdoor essentials necessary for any campout, and explain why each item is needed. _____

e. Present yourself to your Scoutmaster with your pack for inspection. Be correctly clothed and equipped for an overnight campout. _____

Complete

6. Do the following:

a. Describe the features of four types of tents, when and where they could be used, and how to care for tents. _____

Working with another Scout, pitch a tent. Date Completed _____

b. Discuss the importance of camp sanitation and tell why water treatment is essential. Then demonstrate two ways to treat water. _____

c. Describe the factors to be considered in deciding where to pitch your tent. _____

d. Tell the difference between internal- and external-frame packs. Discuss the advantages and disadvantages of each.

Internal Frame _____

External Frame _____

e. Discuss the types of sleeping bags and what kind would be suitable for different conditions. _____

Explain the proper care of your sleeping bag and how to keep it dry. Make a comfortable ground bed. _____

Complete

7. Prepare for an overnight campout with your patrol by doing the following:

a. Make a checklist of personal and patrol gear that will be needed. _____

b. Pack your own gear and your share of the patrol equipment and food for proper carrying. Show that your pack is right for quickly getting what is needed first, and that it has been assembled properly for comfort, weight, balance, size, and neatness.

Date Completed _____

Complete

8. Do the following:

a. Explain the safety procedures for:

1. Using a propane or butane/propane stove _____

2. Using a liquid fuel stove _____

3. Proper storage of extra fuel _____

b. Discuss the advantages and disadvantages of different types of lightweight cooking stoves. _____

c. Prepare a camp menu. Explain how the menu would differ from a menu for a backpacking or float trip. _____

Give recipes and make a food list for your patrol. Plan two breakfasts, three lunches, and two suppers.

	Day 1	Day 2
Breakfast		
Lunch		
Supper		

Discuss how to protect your food against bad weather, animals, and contamination.

d. Cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove _____

Complete

9. Show experience in camping by doing the following:

a. Camp a total of at least 20 days and 20 nights. Sleep each night under the sky or in a tent you have pitched. The 20 days and 20 nights must be at a designated Scouting activity or event. You may use a week of long-term camp toward this requirement. If the camp provides a tent that has already been pitched, you need not pitch your own tent. Keep track of your progress on chart.

	Date		Date		Date		Date
Night 1		Night 6		Night 11		Night 16	
Night 2		Night 7		Night 12		Night 17	
Night 3		Night 8		Night 13		Night 18	
Night 4		Night 9		Night 14		Night 19	
Night 5		Night 10		Night 15		Night 20	

b. On any of these camping experiences, you must do TWO of the following, only with proper preparation and under qualified supervision:

1. Hike up a mountain, gaining at least 1,000 vertical feet. Date _____
2. Backpack, snowshoe, or cross-country ski for at least 4 miles. Date _____
3. Take a bike trip of at least 15 miles or at least four hours. Date _____
4. Take a non-motorized trip on the water of at least four hours or 5 miles. Date Completed _____
5. Plan and carry out an overnight snow camping experience. Date _____
6. Rappel down a rappel route of 30 feet or more. Date Completed _____

c. Perform a conservation project approved by the landowner or land managing agency. What kind of project did you perform? and where ? _____

Complete

10. Discuss how the things you did to earn this badge have taught you about personal health and safety, survival, public health, conservation, and good citizenship. In your discussion, tell how Scout spirit and the Scout Oath and Law apply to camping and outdoor ethics. _____
